







# Summer Program FamilyWellbeing Management Singularity Academy



July 25- July 31, 2022 Bad Salzschlirf Germany

How shall we as parents manage the complicated external and domestic relationships and same time succeed in improving our wellbeing and prosperity? Spending your one-week holiday with Singularity Academy in the center of the Health Resort (Bad Salzschlirf) to gain energy and wisdom with education / training and treatment, you and your loves will be recharged and refreshed mentally and physically. **Program Name:** Family Wellbeing Management

When: July. 25. 2022- July. 31. 2022

Where: Verus Bonifatius, Bad Salzschlirf, Germany

For whom: People and families who focus on physical and mental well-being

Language: English

## Daily Schedule

7:30-8:30 Breakfast

8:30-9:00 Energy Management Practice/ Qi Gong / Meditation / Praying in Church

9:00-12:00 Training (theory)

12:00-13:00 Lunch

13:00-14:00 Meditation / Group Reflection

14:00-17:00 Individual WM and TCM Treatment (Tuina, Acupuncture, Herbal)

17:30 - 19:30 Dinner

## **Daily Program**

|             | For Adults  |  | For Children                                     |
|-------------|---|--|--|
|             | Morning<br>(Academic training)  | Afternoon<br>(Personal Treatment Program)              |  |
| Arrival Day |   | Pick up – health basic check up-<br>TCM and WM         | Pick up – health basic check<br>up- TCM and WM   |
| Day 1       | Complexities of family situations and their impact on health and wellbeing                              | Medical and TCM treatment<br>Energy Management Session | Kindergarten/Excursion /<br>Education consulting |
| Day 2       | Specific issues related to the health and wellbeing of the primary care provider                        | Medical and TCM treatment<br>Energy Management Session | Kindergarten/Excursion /<br>Education consulting |
| Day 3       | Health and Wellbeing of Children at the various development stages                                      | Medical and TCM treatment<br>Energy Management Session | Kindergarten/Excursion /<br>Education consulting |
| Day 4       | Identity management and Negotiation<br>for care-providers in different<br>communities and circumstances | Medical and TCM treatment<br>Energy Management Session | Kindergarten/Excursion /<br>Education consulting |

| Day 5       | Dealing with health issues of children,<br>using natural approach, Tuina and food<br>therapy | Medical and TCM treatment<br>Energy Management Session | Kindergarten/Excursion /<br>Education consulting |
|-------------|--|--|--|
| Day 6       | Reaching to inner harmony and peace<br>with stakeholders, discussion with Gurus              | Medical and TCM treatment<br>Energy Management Session | Kindergarten/Excursion /<br>Education consulting |
| Leaving Day | Health check up –Ffurther Advices from WM and TCM  |  |  |

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#### **Price: all included**

<u>Per Adult</u>: 3,000 euros basic program (food, 7 nights' accommodation with full board, initial checkup, morning educational program);

<u>Per Child</u>: 1,200 euros with kindergarten/excursions and full board (if in same room as parent)

For treatment in the afternoon 360 euros per Adult/Child/ 6 days

Max number of participants: 50 people Minimum participation for program 10 Adults

To Register: please send an email to info@singularityacademy.ch

### **About Singularity Academy Switzerland**

Singularity Academy, headquarter in Zurich, is a newly-developed online-and-offline University, aiming to provide students/ participants a unique platform with peers in knowledge transfer and wisdom exchange across multi-level and cross-disciplinary sectors. Singularity Academy gathers world-level gurus, masters, and mentors to share their insights and knowledge online and offline, in order to assist each student to integrate knowledge from Education, Research, and Practice, cross-disciplinary, and innerand-outer spheres with the tenet of humanity and sustainability. Singularity Academy's education creates a non-conventional education system to effectively help people find their singular point/moment for their specific singularly sustainable and infinite growth, with a force to positive change in the community and the planet.

www.singularityacademy.ch

#### **About Verus Bonifatius**

Verus Bonifatius, a professional medical institute, locating in *Bad Salzschlirf*, Germany, is a medical care provider combining Swiss standards of excellence with a highly renowned team of doctors and psychiatrists to deliver unparalleled medical expertise to people. At the center of her healing approach is each patient in their entirety. With her highest standards of professionalism, care and confidentiality, Verus Bonifatius guide you back to your happy self.

For more than 175 years, Bad Salzschlirf has been receiving guests from all around the world. Quaint houses, romantic alleyways and a magnificent public park reflect on its time honoured history. Its easy access to the great outdoor in the Rhine or around Vogelsberg have made it an attractive destination for anyone who wishes to get in tune with oneself and nature.

www.verusbonifatius.com

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